

ALESSANDRA R. GRILLO, M.A., LPA, HSP-PA
CURRICULUM VITAE

ADDRESS

UNC Greensboro, Department of Psychology
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EDUCATION

University of North Carolina at Greensboro, Greensboro, NC 2019 – Present
Clinical Psychology, M.A./Ph.D. track, *expected 2025*

Master of Arts in Clinical Psychology 2019 – 2021
Thesis: The Influence of an Additive HPA Axis Genetic Variation Score on Lab-based Stress Reactivity
in an Emerging Adult Sample
Advisor: Suzanne Vrshek-Schallhorn, Ph.D.

Northeastern University, Boston, MA 2012 – 2017
Bachelor of Science, B.S. in Behavioral Neuroscience, Minor in Sociology

LICENSURE

Licensed Psychological Associate Mar 2022
Health Services Provider- Psychological Associate
#6096
North Carolina Psychology Board

RESEARCH EXPERIENCE

Social Environment, Neurobiology, and Emotions Lab - Greensboro, NC Aug 2019 – Present
Graduate Research Assistant
Research Advisor: Suzanne Vrshek-Schallhorn, Ph.D.

National Center for PTSD, Women's Health Sciences Division- Boston, MA
Psychology Research Technician, VA Boston Healthcare System Jul 2017 – Jul 2019
Research Mentors: Katherine M. Iverson, Ph.D., Sara B. Danitz, Ph.D.

Boston Medical Center, Department of Psychiatry- Boston, MA
Clinical Research Assistant to Chief of Psychiatry and Director of Research Jul 2016 – Jul 2017
Research Mentors: Christina P.C. Borba, Ph.D., M.P.H., David C. Henderson, M.D.

Beth Israel Deaconess Medical Center, Division of Sleep Medicine- Boston, MA
Clinical Research Assistant, Sleep and Inflammatory Systems Laboratory Jul 2014 – Apr 2016
 Supervisors and Mentors: Janet Mullington, Ph.D., Monika Haak, Ph.D.

Boston Children’s Hospital, Division of Genetics- Boston, MA
Research Assistant, Beggs Laboratory Jul 2015 – Dec 2015
 Supervisors: Alan Beggs, Ph.D., Casie Genetti, M.S., C.G.C.

CLINICAL EXPERIENCE

Wake Forest Baptist Health, Diabetes & Education Center – Winston-Salem, NC Aug 2022 – Present
Clinical Psychology Intern, Integrated Health

- Provide in-person, brief, evidence-based brief interventions for patients with endocrinological disorders among Piedmont Triad community. Support ongoing primary care mental health integration and implementation efforts. Conduct psychological screenings.
- Run support group for emotion regulation related to management of diabetes types 1 and 2.
- Supervisor: Shenelle Edwards-Hampton, Ph.D., LP, HSP

Psychology Clinic, UNC Greensboro - Greensboro, NC Aug 2020 – Present
Graduate Student Therapist

- Provide virtual and in-person individual therapy and conduct full psychological and learning disorder assessments across the lifespan from the Greensboro/Piedmont community and UNC Greensboro. Provide evidence-based treatment. Conduct psychological screenings.
- Supervisors: Kari Eddington, Ph.D., LP, HSP; Gabriela Livas Stein, Ph.D., LP, HSP; Kelly Graves, Ph.D., LP, HSP; Blair Wisco, Ph.D., LP, HSP

DREAM Camp, UNC Greensboro - Greensboro, NC Jun 2021 – Jul 2021
Graduate Student Group Therapist

- Provide group therapy and psychosocial support to group of clients with autism spectrum disorder at week-long day camp. Conducted social skills groups and conducted screenings of children and adolescents for enrollment.
- Supervisors: Susan P. Keane, Ph.D., LP, HSP; Rosemary Nelson Gray, Ph.D., LP, HSP

National Center for PTSD, Women’s Health Sciences Division- Boston, MA Jul 2017 – Jul 2019
Psychology Research Technician, VA Boston Healthcare System

- Conducted pre- and post-treatment interviews with women Veteran survivors of intimate partner violence, administered suicide screenings and intimate partner violence screenings over phone.
- Supervisors: Kate Iverson, Ph.D., Sara Danitz, Ph.D.

Samaritans Suicide Prevention- Boston, MA Sep 2016 – Feb 2017
Crisis Hotline Volunteer

- Judiciously trained in suicide assessment and prevention. Volunteered day shifts and monthly nightshifts on phone and text hotline. Assessed and triaged cases with suicidal intent accordingly.

HONORS AND AWARDS

2022-2023	NextGen Clinical Scholarship Recipient University of North Carolina at Greensboro
2022	Lugo Award Nominee University of North Carolina at Greensboro
2021	Lyon Fellowship Nominee University of North Carolina at Greensboro
2019-2021	NextGen Fellowship Recipient University of North Carolina at Greensboro
2019	Graduate Student Association Travel Award University of North Carolina at Greensboro
2018	Special Interest Group Endorsed Poster 34th Annual Meeting of ISTSS
2017	Certificate of Appreciation for Outstanding Service VA Boston Healthcare System
2017	Senior Resident Assistant of the Year Department of Residential Life, Northeastern University
2016	Outstanding Community Builder Department of Residential Life, Northeastern University
<i>Multiple years</i>	Dean's List College of Science, Northeastern University

LEADERSHIP

Association for Graduate Students in Psychology, UNC Greensboro <i>President, Vice President</i>	Aug 2020 – May 2022
Diversity Club, UNC Greensboro Psychology Department <i>Events Coordinator</i>	Aug 2019 - May 2020
Selection Committee, Norm Anderson Research Award	Mar 2020
International Society for Traumatic Stress Studies <i>Student Co-Chair, Trauma, Health & Primary Care Special Interest Group</i> <u>Co-Chairs:</u> Charles Engel, M.D., M.P.H., Lauren Ng, Ph.D.	Jul 2018 - Jul 2019

Department of Residential Life, Northeastern University- Boston, MA <i>Senior Resident Assistant; Resident Assistant</i>	Aug 2014 - Aug 2017
Northeastern University Transfer Student Organization- Boston, MA <i>Mentorship Program Coordinator, Executive Board</i>	Sep 2014 - Jun 2016
GlobeMed, Northeastern University Chapter- Boston, MA <i>Finance Committee Member</i>	Sep 2013 - Dec 2015

TEACHING, MENTORING EXPERIENCE

Department of Psychology, UNC Greensboro- Greensboro, NC <i>Graduate Student Mentor of Undergraduate Research Grant Recipient (Cameron Sturgis)</i>	May 2022 - Present
Department of Psychology, UNC Greensboro- Greensboro, NC <i>Graduate Lab Instructor, PSY 311 Research Methods in Psychology</i>	Jan 2022 - May 2022
Department of Psychology, UNC Greensboro- Greensboro, NC <i>Graduate Teaching Assistant, PSY 341 Abnormal Psychology</i>	Aug 2021 - Dec 2021
Department of Psychology, UNC Greensboro- Greensboro, NC <i>Graduate Teaching Assistant, PSY 270 Intro to Clinical Psychology</i>	Aug 2021 - Dec 2021
Department of Psychology, UNC Greensboro- Greensboro, NC <i>Graduate Teaching Assistant, PSY 121 General Psychology</i>	Jan 2020 - May 2020
Department of Psychology, UNC Greensboro- Greensboro, NC <i>Graduate Teaching Assistant, PSY 250 Developmental Psychology</i>	Aug 2019 - Dec 2019
College of Science, Northeastern University- Boston, MA <i>Undergraduate Teaching Assistant</i>	Jan 2016 - May 2016

VOLUNTEER & SERVICE EXPERIENCE

Whole Health Fair- VA Boston Healthcare System - Boston, MA <i>Program Staff</i>	Oct 2018
Women Veterans, Trauma, and Post-Military Health Summit – Boston, MA <i>Program Assistant</i>	Sep 2018
Diversity and Multiculturalism Psychology Conference - Boston, MA <i>Conference Volunteer</i>	Jun 2018
PTSD Awareness Day- Boston, MA <i>Assistant</i>	Jun 2018

Military Sexual Trauma Awareness Day- Boston MA <i>Assistant</i>	Apr 2018
Boston Area Rape Crisis Center (BARCC) Annual 5K Walk- Boston, MA <i>Volunteer</i>	Apr 2018
Office of Research Compliance- Boston, MA <i>Volunteer Auditor</i>	Mar 2018
Benson-Henry Institute for Mind Body Medicine, Massachusetts General Hospital <i>Conference Volunteer</i>	Oct 2017

PEER-REVIEWED PUBLICATIONS

9. Vrshek-Schallhorn, S., Corneau, G. M., **Grillo, A. R.**, Sapuram, V. R., Plieger, T., & Reuter, M. (2022). Additive Serotonergic Genetic Sensitivity and Cortisol Reactivity to Lab-Based Social Evaluative Stress: Influence of Severity Across Two Samples. *Psychoneuroendocrinology*. Advanced online publication.
8. Adjognon, O. L., Brady, J. E., Gerber, M. R., Dichter, M. E., **Grillo, A. R.**, Hamilton, A. B., Wiltsey Stirman, S., & Iverson, K. M. (2021). Getting Routine Intimate Partner Violence Screening Right: Successful Implementation Strategies in VHA Primary Care. *J Am Board Fam Med*, 34(2):346-356. DOI: 10.3122/jabfm.2021.02.200311.
7. Danitz, S.B., Wiltsey-Stirman, S., **Grillo, A. R.**, Dichter, M.E., Gerber, M.R., Driscoll, M., Gregor, K., Hamilton, A.B., Iverson, K.M. (2019). When User-Centered Design meets Implementation Science: Integrating Provider Perspectives on Implementation Characteristics in the Development of an IPV Intervention. *BMC Women's Health*, 19(1), 145. <https://doi.org/10.1186/s12905-019-0837-8>
6. **Grillo, A. R.**, Ghebrehiwet, S., Johnson, K., Borba, C. P., Fricchione, G. L., Sorel, E., Durham, M., Chiliza, B., Motlana, M., & Henderson, D. C. (2019). The African Global Mental Health Institute: Increasing capacity, inclusivity and translation of psychiatric research and care. *The Columbia Journal of Global Health*, 9(1). <https://doi.org/10.7916/thejgh.v9i1.4933>
5. Iverson, K. M., Adjognon, O., **Grillo, A. R.**, Dichter, M. E., Gutner, C. A., Hamilton, A. B., Wiltsey Stirman, S., & Gerber, M. R. (2019). Intimate partner violence screening programs in the Veterans Health Administration: Informing scale-up of successful practices. *Journal of General Internal Medicine*, 34(11), 2435–2442. <https://doi.org/10.1007/s11606-019-05240-y>
4. Iverson, K. M., Dardis, C. M., **Grillo, A. R.**, Galovski, T. E., Pogoda, T. K. (2019). Associations between traumatic brain injury from intimate partner violence and future health risks in women. *Comprehensive Psychiatry*, 92, 13-21. DOI: 10.1016/j.comppsych.2019.05.001.
3. **Grillo, A. R.**, Danitz, S. B., Dichter, M. E., Driscoll, M. A., Gerber, M. R., Hamilton, A. B., Wiltsey-Stirman, S., & Iverson, K. M. (2019). Strides toward recovery from intimate partner violence: Elucidating patient-centered outcomes to optimize a brief counseling intervention for women. *Journal of Interpersonal Violence*. Advance online publication. DOI: 10.1177/0886260519840408.
2. Huston, J. C., **Grillo, A. R.**, Iverson, K. M., Mitchell, K. S. (2019). Associations between Disordered Eating and Interpersonal Violence with Depression and Posttraumatic Stress Disorder as

Mediators in a Female Veteran Sample. *General Hospital Psychiatry*, 58, 77–82.

<https://doi.org/10.1016/j.genhosppsy.2019.03.007>

1. Iverson, K. M., Sorrentino, A. E., Bellamy, S. L., **Grillo, A. R.**, Haywood, T. N., Medvedeva, E., Roberts, R. B., & Dichter, M. E. (2018). Adoption, penetration, and effectiveness of a secondary risk screener for intimate partner violence Evidence to inform screening practices in integrated care settings. *General Hospital Psychiatry*, 51, 79-84, 51:79-84. DOI:10.1016/j.genhosppsy.2018.01.002.

MANUSCRIPTS UNDER REVISION & RESUBMISSION

1. **Grillo, A. R.**, Corneau, G. M., & Vrshek-Schallhorn, S. Relationship of Cortisol and Alpha Amylase to Behavioral Engagement under Three Levels of Negative Evaluative Psychosocial Stress. Under Revision and Resubmission to PNEC.

MANUSCRIPTS IN PREPARATION

2. **Grillo, A.R.**, Starr, L., & Vrshek-Schallhorn, S. Examining an Additive HPA Axis Genetic Score on Salivary Cortisol and Alpha-Amylase Reactivity to an Explicit Negative Evaluative Trier Stress Induction.
1. Cole, E., Corneau, G., **Grillo, A.**, Vrshek-Schallhorn, S. (in prep). Researcher-rated "snapshots" of strain: Initial validation and relationship to internalizing symptoms.

FEDERAL REPORTS

Iverson, K.M., Adjognon, O.A., **Grillo, A. R.**, Dichter, M.E., Gutner, C., Hamilton, A.B., Wilstey-Stirman, S., Gerber, M.R. (2018). Intimate Partner Violence Screening Programs in the Nation's Largest Integrated Healthcare System: Informing Scale-Up of Best Practices. *Executive Summary for VHA Operational & Clinical Partners*. HSR&D PPO 17-044.

GRANT SUBMISSIONS

National Science Foundation Graduate Research Fellowship Program. (October 2019, not funded).

Proposal title: *An Examination of Differential Responses to Stress Reactivity Among Emerging Adults*

Advisor: Suzanne Vrshek-Schallhorn, Ph.D.

PRESENTATIONS

42. Sturgis, C. *, **Grillo, A.R.**, Vrshek-Schallhorn, S. *Examining The Impacts of Discrimination on College Students: A Mixed-Method Approach*. Poster to be presented at annual Association for Psychological Science (APS), Washington D.C.
41. Sturgis, C. *, **Grillo, A.R.**, Vrshek-Schallhorn, S. (2023, April 6). *Examining The Impacts of Discrimination on College Students: A Mixed-Method Approach*. Poster presented at annual UNCG Expo, Greensboro, N.C.
40. **Grillo, A. R.**, Vrshek-Schallhorn, S., Zinbarg, R. E., Craske, M., Adam, E. (2022, September 8 – 10). *Examining the influence of an additive genetic risk score of HPA axis polymorphisms with recent stress on depression onset in emerging adults*. [Poster presentation]. 52nd Annual Meeting

of the ISPNE. Chicago,
Illinois, USA.

39. Cole, E., **Grillo, A. R.**, Vrshek-Schallhorn, S. (2022, September 8 – 10). *The moderating effects of regular caffeine use on cortisol reactivity under explicit negative-evaluative stress*. [Poster presentation]. 52nd Annual Meeting of the ISPNE. Chicago, Illinois, USA.
38. Hines, D.*., Parsons, A.*., Cole, E., **Grillo, A.**, Vrshek-Schallhorn, S. (2022, May 25 -28). *Adverse childhood experiences and depression: The role of brooding and reflective rumination*. Poster presented at annual Association for Psychological Science (APS), Washington D.C.
37. Vrshek-Schallhorn, S., **Grillo, A. R.**, Corneau, G. M. Evidence that the Biomarker-Behavior Relationship Depends on Negative Evaluation Level: Development and Initial Application of a Scale for Behavioral Engagement During the TSST. [Symposium presentation]. 52nd Annual Meeting of the ISPNE. Chicago, Illinois, USA.
36. Buissereth, T*., Campbell, B*., **Grillo, A. R.**, Vrshek-Schallhorn, S., (2022, May) Self-focused versus vicarious stressful events: understanding the effect of event-focus on stress perceptions. Poster to be presented at the annual meeting of the Association for Psychological Science.
35. **Grillo, A. R.**, Vrshek-Schallhorn, S. (2021, September). The Influence of an Additive HPA Axis Genetic Variation Score on Lab-based Stress Reactivity in an Emerging Adult Sample. [Poster presentation]. Annual Meeting of the Society for Research in Psychopathology. Virtual Conference.
34. Vrshek-Schallhorn, S., Corneau, G. M., **Grillo, A. R.**, Sapuram, V. R., Plieger, T., & Reuter, M. (2021, September). Additive Serotonergic Genetic Sensitivity and Cortisol Reactivity to Lab-Based Social Evaluative Stress: Influence of Severity Across Two Samples. [Symposium]. Annual Meeting of the Society for Research in Psychopathology. Virtual Conference.
33. Corneau, G.M., **Grillo, A.R.**, Suresky, R., Starr, L.R., Kwapil, T.R., Vrshek-Schallhorn, S. (2021, September). Development and Evaluation of the Chronic Life Stress Questionnaire: A Comprehensive Measure of Chronic Stress Exposure. [Poster presentation]. Annual Meeting of the Society for Research in Psychopathology. Virtual Conference.
32. Islam, Z*., Ejindu, P*., **Grillo, A.R** Vrshek-Schallhorn, S. (2021, May - September). *Depressive Symptom Change during the COVID-19 Pandemic: Examining Healthy Individuals with and without Prior Depression Risk*. [Poster presentation]. The Association for Psychological Science Virtual Convention and Poster Showcase.
31. **Grillo, A.R.**, Vrshek-Schallhorn, S. (2021, May - September). *Validation of a Psychometric Measure of Behavioral Engagement in the Trier Social Stress Test and Relationship to Biomarker Reactivity* [Poster presentation]. The Association for Psychological Science Virtual Convention and Poster Showcase.
30. **Grillo, A. R.** (2020, September 11). *All Stressed Out? Genetic Prediction of Cortisol Reactivity in Emerging Adults* [Oral Presentation]. The Graduate Research Colloquium, UNCG, Greensboro, NC, USA.
29. Suresky, R., Corneau, G., **Grillo, A. R.**, Vrshek-Schallhorn, S. (2020, March)*. *Predictors of*

- clinician severity ratings in clinical and subclinical depressive disorders: Roles of gender, chronic stress, and introversion* [Poster presentation]. Anxiety and Depression Association of America Annual Conference, San Antonio, TX, USA. *Poster not presented due to COVID-19 pandemic.
28. Iverson, K., Driscoll, M., Danitz, S., **Grillo, A.**, Gerber, M., Dichter, M., Hamilton, A., & Wiltsey-Stirman, S. (2019, October 29-31). *Recovering from IPV through Strengths and Empowerment (RISE). Initial evaluation of a brief counseling intervention* [Poster presentation]. Veterans Health Administration HSR&D/QUERI National Conference. Washington, DC, USA.
 27. **Grillo, A. R.**, Dardis, C. M., Galovski, T. E., Pogoda, T. K., & Iverson, K. M. (2019, November 14-16). *Beyond combat: Assessing health sequelae of Traumatic Brain Injury related to Intimate Partner Violence among Women Veterans* [Poster presentation]. 35th Annual meeting of the International Society for Traumatic Stress Studies, Boston, MA, USA.
 26. Danitz, S. B., Driscoll, M., **Grillo, A.**, Gerber, M., Wiltsey-Stirman, S., & Iverson, K. M. (2019, November 14-16). *Recovering from Intimate partner violence through Strengths and Empowerment (RISE): Initial open trial findings of a patient-centered intervention* [Poster presentation]. Annual meeting of the Association of Behavioral and Cognitive Therapies, Atlanta, GA, USA.
 25. **Grillo, A. R.**, Dardis, C., Galovski, T., Pogoda, T., Iverson, K. M. (2019, May 15). *Beyond combat: Assessing health sequelae of Traumatic Brain Injury related to Intimate Partner Violence among Women Veterans* [Poster presentation]. Annual Veterans Administration Research Week, Boston, MA, USA.
 24. Danitz, S. B., **Grillo, A. R.**, Gerber, M., Gregor, K., Iverson, K. M. (2019, May 15). *Recovering from Intimate Partner Violence through Strengths and Empowerment (RISE): Initial Open Trial Findings of a Novel Patient-Centered Intervention* [Poster presentation]. Veterans Administration Research Week, Boston, MA, USA.
 23. Iverson, K. M., Adjogon, O., **Grillo, A.**, Gerber, M. R., Gutner, C., Dichter, M. E., Hamilton, A., & Wiltsey-Stirman, S. (2018, December 3-5). *Getting intimate partner violence screening implementation right: Identifying best clinical practices, implementation strategies and contextual factors for success.* [Poster presentation]. Annual Conference on the Science of Dissemination and Implementation. Washington, DC, USA. [A highest ranked poster abstract; invited 'poster slam' oral presentation].
 22. **Grillo, A. R.**, Danitz, S. B., Maskin, R. M., Dichter, M. E., Driscoll, M., Gerber, M., Hamilton, A. B., Wiltsey-Stirman, S., Iverson, K. M., (2018, November 8-10). *Strides towards recovery from intimate partner violence: Identifying patient-centered outcomes to optimize a brief counseling intervention for Women Veterans* [Poster presentation]. 34th Annual Meeting of the International Society for Traumatic Stress Studies, Washington, DC, USA.
 21. **Grillo, A. R.**, Adjogon, O. A., Maskin, R. M., Dichter, M. E., Gerber, M., Gutner, C., Hamilton, A. B., Wiltsey-Stirman, S., Iverson, K. M., (2018, November 8-10). *Reducing intimate partner violence (IPV) among women: Understanding contextual barriers and facilitators to IPV screening practices in an integrated health care system* [Poster presentation]. 34th Annual Meeting of the International Society for Traumatic Stress Studies, Washington, DC, USA

[Endorsed presentation by Trauma, Health, and Primary Care special interest group].

20. Luehrs, R., **Grillo, A.**, Danitz, S., Suvak, M., & Iverson, K. (2018, November 8-10). *Hope and self-efficacy as predictors of PTSD symptoms in a sample of women veterans* [Poster presentation]. 34th Annual Meeting of the International Society for Traumatic Stress Studies, Washington, DC, USA.
19. Danitz, S. B., **Grillo, A. R.**, Dichter, M. E., Driscoll, M., Gerber, M., Iverson, K. M., (2018, November 15-18). *A Recovery-oriented Intervention for Women Veterans experiencing Intimate Partner Violence: The Important Role of Patient-centered Outcomes*. [Poster presentation]. Applied and Behavioral Cognitive Therapies (ABCT) Conference, Washington, DC, USA.
18. Danitz, S. B., **Grillo, A. R.**, Wiltsey- Stirman, S., Driscoll, M., Hamilton, A.B., Iverson, K. M., (2018, November 15-18). *When User-Centered Design meets Implementation Science: Integrating Provider Perspectives on Implementation Characteristics in the Development of an IPV Intervention* [Poster presentation]. Applied and Behavioral Cognitive Therapies Conference, Washington, DC, USA.
17. Griffin, C. P., Rowell, K., Moore, K., **Grillo, A.**, Wigdor, E., Nobrega, J. C., Boga, S., Pellegrino, A., Menard, J. P., Cobb, C., Vincente, B., Saldivia, S., Kohn, R., Koenen, K., Fernandez, C. A. (2018, August 9-12). *Pre-disaster Psychiatric Predictors of Post-Disaster MDD Among Chilean Adults* [Poster presentation]. American Psychological Association (APA) Conference, San Francisco, CA, USA.
16. Griffin, C. P., **Grillo, A.**, Wigdor, E., Nobrega, J. C., Boga, S., Menard, J. P., Zelikovsky, J., Rowell, K., Vincente, B., Saldivia, S., Kohn, R., Koenen, K., Fernandez, C. A. (2018, June 19-22). *Pre-disaster Psychiatric Predictors of Post-Disaster MDD Among Chilean Adults* [Poster presentation]. Society for Epidemiological Research (SER) Conference, Baltimore, MD, USA.
15. **Grillo, A. R.**, Danitz, S. B., Iverson, K. M. (2018, May 14). *Strides towards recovery from Intimate Partner Violence: Identifying patient-centered outcomes to optimize a brief- counseling intervention for Women Veterans* [Poster presentation]. Annual Veterans Administration Research Week, Boston, MA, USA.
14. Adjognon, O., **Grillo, A.**, Maskin, R., Gerber, M., Gutner, C., Dichter., M, Hamilton, A., Wiltsey- Stirman, S., Iverson, K M. (2018, May 14). *Getting Intimate Partner Violence Screening Implementation Right: Identifying Best Clinical Practices, Implementation Strategies and Contextual Factors for Success* [Poster presentation]. Annual Veterans Administration Research Week, Boston, MA, USA.
13. Adjognon, O., **Grillo, A.**, Maskin, R., Gerber, M., Gutner, C., Dichter., M, Hamilton, A., Wiltsey- Stirman, S., Iverson, K. M. (2018, June 24-26). *Getting Intimate Partner Violence Screening Implementation Right: Identifying Best Clinical Practices, Implementation Strategies and Contextual Factors for Success* [Poster presentation]. Academy Health Annual Research Meeting, Seattle, WA, USA.
12. Fernández, C. A., Griffin, C. P., Hollenback, J. A., Cobb, C., **Grillo, A.**, Wigdor, E., Menard, J., Boga, S., Nobrega, J. C., Vicente, B., Saldivia, S., Kohn, R., Rowell, K., Koenen, K. C. (2018, April 13-15). *Association Between Discrimination and PTSD Among Chilean Disaster Survivors* [Poster presentation]. Southwestern Psychological Association Annual Convention, Houston,

TX, USA.

11. Fernández, C. A., Griffin, C. P., **Grillo, A.**, Hollenbeck, J. A., Wigdor, E., Menard, J., Boga, S., Nobrega, J. C., Vicente, B., Saldivia, S., Kohn, R., Buka, S., Rowell, K., & Koenen, K. C. (2018, April 19-20). *Association Between Discrimination and PTSD among Chilean Disaster Survivors*. Poster presented at the Arkansas Mental Health Counselors Convention, Little Rock, AR, USA.
10. **Grillo, A. R.**, Danitz, S.B., Iverson, K. M. (2018, April 11), *Strides towards recovery from Intimate Partner Violence, Identifying patient- centered outcomes to optimize a brief- counseling intervention for Women Veterans* [Oral presentation]. Women's Health Sciences Division Laboratory Meeting, National Center for PTSD, Boston, MA, USA.
9. **Grillo, A. R.**, Iverson, K. M., Dichter, M. E. (2017, December 13). *Implementation and Effectiveness of a Secondary Risk Screener for Intimate Partner Violence (IPV): Evidence to Inform IPV Screening Practices in Integrated Care Settings*. [Oral presentation]. Women's Health Sciences Division Laboratory Meeting, National Center for PTSD, Boston, MA, USA.
8. **Grillo, A. R.**, Canale, C. A., & Iverson, K. M. (2017, November 9-11). *Chronic Mental and Physical Health Sequelae of Traumatic Brain Injury Caused by Intimate Partner Violence: A Longitudinal Investigation*. [Poster presentation]. 33rd Annual Meeting of the International Society for Traumatic Stress Studies, Chicago, IL, USA.
7. **Grillo, A. R.**, Iverson, K. M., & Dichter, M. E. (2017, November 9-11). *Screening Female Patients for Intimate Partner Violence in VHA: Evidence to Inform Modifications or De-implementation of Secondary Screening Recommendations*. [Poster presentation]. 33rd Annual Conference of the International Society for Traumatic Stress Studies, Chicago, IL, USA.
6. Canale, C. A., **Grillo, A. R.**, Gutner, C. A., & Street, A. E., Iverson, K. M. (2017, November 9-11). *Beyond Posttraumatic Stress Disorder: Effects of Military Sexual Trauma in Women Across Behavioral Health Domains* [Poster presentation]. 33rd Annual Conference of the International Society for Traumatic Stress Studies, Chicago, IL, USA.
5. **Grillo A. R.**, Johnson K. A., Borba, C. P. C. (2017, April 13): *Training Health Extension Workers on Schizophrenia Diagnosis: Culturally Adapting the Diagnostic and Statistical Manual* [Poster presentation]. Northeastern University Research, Innovation, Science, Engineering (RISE) Conference, Boston, MA, USA.
4. **Grillo, A.** (2017, April 14). *Researching schizophrenia on global and local scales: Quantitative and qualitative research initiatives* [Poster presentation]. 2017 Northeastern University Cooperative Education Exposition, Boston, MA, USA.
3. Marttila M., Kondo, A., **Grillo, A.**, Guitroz, T., Agrawal, P. B., Beggs , A. H. (2016, June 11-14). *Exome Sequencing of the Congenital Myopathies*. [Poster presentation]. New Directions in Biology and Disease of Skeletal Muscle Conference, Miami, FL, USA.
2. **Grillo, A. R.**, Genetti, C.A., (2015, November 13). *Nemaline Myopathy: A Preliminary Genotype-Phenotype Report* [Oral presentation]. Beggs weekly lab meeting, Boston Children's Hospital Department of Genetics, Boston, MA.
1. Haack, M., Mullington, J., **Grillo, A.**, Jakobze, A., & Gautman, S. (2015, February 16-18). *Evoked Pain Responses over Repeated Exposure to Insufficient Sleep* [Poster presentation]. Annual

SLEEP meeting, Seattle, WA, USA. Abstract published in SLEEP Journal Supplemental Abstracts, Vol. 38.

* = mentored undergraduate student

PROFESSIONAL MEMBERSHIPS AND RELATED ACTIVITIES

Society for Research in Psychopathology <i>Associate Member</i>	2022 - Present
International Society for Psychoneuroendocrinology (ISPNE) <i>Student Member</i>	2021 - Present
Association for Psychological Science <i>Student Member</i>	Apr 2021
Journal of Interpersonal Violence - Ad Hoc Reviewer <i>Co-reviewed with Dr. Katherine M. Iverson</i>	Mar 2019
American Psychological Association- Division 38 <i>Student Member, Society for Health Psychology</i>	Aug 2019
Journal of Family Violence - Ad Hoc Reviewer <i>Co-reviewed with Dr. Katherine M. Iverson</i>	Aug 2018
International Society for Traumatic Stress Studies (ISTSS) <i>Special Interest Groups: Trauma, Health, and Primary Care; Genomics of Trauma</i>	Jun 2019

TRAININGS /WORKSHOPS

2023	Latinx Mental Health El Futuro, Durham, NC Instructor(s): Juan Prandoni, Ph.D., Gabriela Livas Stein, Ph.D.
2023	Diabetes 101: Diabetes for Psychology Providers American Diabetes Association, Washington, DC
2022	Longitudinal Structural Equation Modeling PITT Methods Summer Series Instructor: Aidan Wright, Ph.D.
2022	Structural Equation Modeling Curran-Bauer Analytics, University of North Carolina- Chapel Hill Instructors: Dan Bauer, Ph.D., Patrick Curran, Ph.D.
2021	Psychiatric Genetics Consortium (PGC) Education Day

Hosted by International Society of Psychiatric Genetics
Workshops on Intro to Genome Wide Association Studies, Psychiatric Genetics

- 2021 **Making the leap from academia to industry**
6-week workshop
Instructors: Amelia Aldao, Ph.D., Henri-Lee Stalk, Ph.D., J.D.
- 2021 **Prolonged Exposure Training**
El Futuro, Durham, NC
Instructors: Edna Foa, Ph.D., Sandy Sportsman, Psy.D.
- 2020 **Structural Equation Modeling**
Curran-Bauer Analytics, University of North Carolina- Chapel Hill
Instructors: Dan Bauer, Ph.D., Patrick Curran, Ph.D.
- 2018 **Cognitive Processing Therapy (CPT)**
National Center for PTSD, VA Boston Healthcare System
Instructors: Ellen Healy, Ph.D., Jennifer Wachen, Ph.D.
- 2017 **Qualitative Summer Research Institute (QSRI)**
Odum Institute, University of North Carolina- Chapel Hill
Instructor: Alison Hamilton, Ph.D.

SKILLS

Behavioral, Clinical, & Personality Assessment: Wechsler tests, Woodcock Johnson, Stanford Binet, SCID-V, K-SADS, Life Stress Interview, CSS-RS, MMPI-3, MCMI-V, TOMM

Clinical Skills: Cognitive Behavioral Therapy, Cognitive Processing Therapy, Mastering your Social Anxiety, Exposure and Response Prevention, Skills Training in Affective and Interpersonal Regulation, Motivational Interviewing, Behavioral Activation

Software Experience: Proficient in SPSS, MPlus; Basic proficiency in “R,” SAS, IRT Pro

Lab Experience: Proficient at polysomnography (PSG) data collection, EEG data collection, Polymerase Chain Reaction (PCR), phlebotomy, saliva collection, Trier Social Stress Test (TSST)