

Curriculum Vitae

Suzanne Vrshek-Schallhorn, PhD, ABPP

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Clinical Psychologist License: NC 6067, HSP-P

Board Certified in Behavioral & Cognitive Psychology

ABPP #: 9419

EDUCATION

University of Minnesota—Twin Cities, Clinical Psychology Doctoral Program, 2003-2008

Ph.D., August 2008

APA Accredited Pre-Doctoral Psychology Internship, Minneapolis VAMC, 2007-2008

Florida State University, 1998-2002

B.S. Psychology, Math minor. *Magna cum laude.*

B.S. Biology, Chemistry minor. *Magna cum laude.*

EMPLOYMENT

Associate Professor with Tenure, August 2020 to present

Assistant Professor, August 2013 to July 2020

Department of Psychology, University of North Carolina at Greensboro

NRSA Postdoctoral Research Fellow, September 2010 to July 2013

Northwestern University, Department of Psychology

Postdoctoral Project Director, The Youth Emotion Project, September 2008 - August 2010.

Northwestern University, Department of Psychology

GRANTS & AWARDS

2022 UNCG Faculty Grant: “Discrimination as a Stressor: Validation of Novel Interview Measure”

Role: Principal Investigator

2019 Donald F. Klein Early Career Investigator Award

Anxiety and Depression Association of America

2018-2019 Psychology Dept Nominee, UNCG College of Arts & Sciences

Junior Tenure-Track College Teaching Excellence Award

2019 UNCG Faculty Grant: “Polygenic HPA-Axis Genetic Variation & Cortisol Reactivity to Lab-Based Stress”

Role: Principal Investigator (\$5,000 Total)

2015 Faculty First Summer Scholarship Support Award, UNCG: “High or Low? Resolving Divergent Results for Depression Risk Predicting Cortisol Stress Responses”

Role: Principal Investigator (\$5,000 Total)

2014 Career Development Travel Award, Anxiety and Depression Association of America

NARSAD Young Investigator Grant: YI-#19654 – “Interaction of Genome-Wide Methylation Patterns and Transcription Factor Dynamics in Stress and Depression”

Role: Principal Investigator (\$60,000 Direct)

Dates of Award: 01/15/2013 through 1/14/2015, NCE through 1/14/2016.

Postdoctoral NRSA Grant number: 1 F32 MH091955

Title: Examining several possible causes of GxE non-replications in depression

Role: Principal Investigator (\$157,125 Direct)

Sponsor: Susan Mineka, PhD, Co-sponsor: Richard E. Zinbarg, PhD

Dates of Award: 09/01/2010 through 07/31/2013

National Science Foundation Graduate Research Fellowship (Pre-doctoral; \$90,000 direct)

Dates of Award: 08/2004 through 07/2007

University of Minnesota Graduate School Research Fellowship, 2003-2004

National Merit Scholarship, Florida State University, 1998-2002

CLINICAL WORK

ABPP

Board Certified in Behavioral and Cognitive Psychology,

Certificate number: 9419, Effective: 6/02/2021, Last attestation: 9/23/2022

LICENSURE

Licensed Clinical Psychologist, North Carolina #6067, Initiated 2/2/2022, Exp 9/30/2024

Inactive 9/16/2022: Licensed Clinical Psychologist, Illinois # 071008067, Initiated 12/07/2010

POSTDOCTORAL TRAINING

Affiliate: The Family Institute at Northwestern University, Anxiety & Panic Treatment Program

June 2009-July 2013. Supervisor: Richard E. Zinbarg, PhD

APA ACCREDITED PRE-DOCTORAL INTERNSHIP

Minneapolis VAMC, August 2007- August 2008. Director: Wayne Siegel, PhD, LP, ABPP

TEACHING

University of North Carolina – Greensboro

Graduate Clinical Supervision, Fall 2022-Spring 2023

Graduate Adult Assessment, Spring 2020, 2022

Graduate Neurobiology of Emotion, Spring 2019, 2021

In-seat Adult Psychopathology, Spring 2014 through Spring 2019 (In Seat; Select semesters)

Online Adult Psychopathology, Summer 2018 through Fall 2022 (select semesters)

Undergraduate Research Methods Lab Director, Fall 2015

Graduate Research Seminar: Gene-Environment Interactions in Psychopathology, Fall 2013

Instructor, University of Minnesota—Twin Cities

PSY 3604-001 Introduction to Abnormal Psychology (N=170 students), Spring 2007

PSY 3061-001 Introduction to Biological Psychology (N=40), Summer 2006

PSY 3617-001 Introduction to Clinical Psychology (N=65, N=75), Spring & Fall 2006

PSY 3960-106 Undergraduate Seminar: Biology of Eating Disorders (N=14), May Term 2005

RESEARCH

PUBLICATIONS

Anderson, T., **Vrshek-Schallhorn, S.**, Adams, W.M., Goldfarb, A.H., Wideman, L. (in press 2023). The effect of acute exercise on the cortisol awakening response. *European Journal of Applied Physiology*. <https://doi.org/10.1007/s00421-023-05132-4>

Wisco, B.E., **Vrshek-Schallhorn, S.**, May, C.L., Campbell, A.A., Nomamiukor, F.O., & Pugach, C.P. (in press). Effects of trauma-focused rumination among trauma-exposed individuals with and without posttraumatic stress disorder: An experiment. *Journal of Traumatic Stress*.

Feinstein, B. A., Christophe, N. K., Chang, C. J., Silvia, P. J., Starr, L. R., Stein, G., & **Vrshek-Schallhorn, S.** (in press). Measurement invariance of the Interpersonal Needs Questionnaire (INQ-15) across sexual orientation, gender identity, and race/ethnicity in a sample of sexual minority young adults. *Psychological Assessment*.

Vrshek-Schallhorn, S., Corneau, G.M., Grillo, A., Sapuram, V., Plieger, T., Reuter, M. (In press). Additive Serotonergic Genetic Risk Sensitivity and Cortisol Reactivity to Lab-Based Social Evaluative Stress: Influence of Severity Across Two Samples. *Psychoneuroendocrinology*.

Fletcher, A.C., Jensen, M.R., **Vrshek-Schallhorn, S.** (Accepted 2022, Published 2023). Novel Perspectives on Adversity Exposure, Stress Responding, and Academic Retention among First- and Continuing-Generation Students. *Emerging Adulthood*, 11 (1); 175-189. <https://doi.org/10.1177/21676968221089087> *Authors are listed in alphabetical order and contributed equally.

- Stroud, C. B., Chen, F. R., Dunning, E., Marr, C., Cheng, J., & **Vrshek-Schallhorn, S.** (in press). Early Adversity and Depressive Symptoms Among Early Adolescent Girls: The Mediating Role of Exposure to Recent Interpersonal Acute Stress. *Development & Psychopathology*. <https://doi.org/10.1017/S0954579421001176>
- Kessler, C.L., **Vrshek-Schallhorn, S.**, Mineka, S., Zinbarg, R.E., Craske, M.G., Adam, E.K. (2021). Experiences of Adversity in Childhood and Adolescence and Cortisol in Late Adolescence. *Development & Psychopathology*. <https://doi.org/10.1017/S0954579421001152>
- Sapuram, V. R., **Vrshek-Schallhorn, S.**, Hilt, L. M., Stroud C. B. (2021). Dopaminergic Genetic Variation in Young Adolescents: Associations with Sensation-Seeking. *Research on Child and Adolescent Psychopathology* 49:1259–1274. <https://doi.org/10.1007/s10802-021-00823-y>
- Anderson, T., Corneau, G., Wideman, L., Eddington, K., ***Vrshek-Schallhorn, S.** (2021). The impact of prior day sleep and physical activity on the Cortisol Awakening Response. *Psychoneuroendocrinology*, 126:105131. * senior & corresponding author <https://doi.org/10.1016/j.psyneuen.2021.105131>
- Starr, L.R., Stroud, C.B., Shaw, Z.A. **Vrshek-Schallhorn, S.** (2021). Stress sensitization to depression following childhood adversity: Moderation by HPA-axis and serotonergic multilocus profile scores. *Development & Psychopathology*, 33(4), 1264 – 1278. <https://doi.org/10.1017/S0954579420000474>
- Mineka, S., Williams, A., Wolitzky-Talyor, K., **Vrshek-Schallhorn, S.**, Craske, M., Hammen, C. & Zinbarg, R. (2020). Five-year prospective neuroticism-stress effects on major depressive episodes: Primarily additive effects of the general neuroticism factor and stress. *Journal of Abnormal Psychology*, 129(6), 646–657. <https://doi.org/10.1037/abn0000530>
- Vinograd, M., Williams, A., Sun, M., Bobova, L., Wolitzky-Taylor, K. B., **Vrshek-Schallhorn, S.**, Mineka, S., Zinbarg, R. E., & Craske, M. G. (2020). Neuroticism and interpretive bias as risk factors for anxiety and depression. *Clinical Psychological Science*, 8(4), 641-656. <https://doi.org/10.1177/2167702620906145>
- Vrshek-Schallhorn, S.**, Corneau, G.M., Starr, L.R. (2019). Large Sample Sizes Cannot Compensate for Mismeasured Environments in GxE Research. Letter to the Editor. *American Journal of Psychiatry* 176(8), 667–668.
- Starr, L.R., **Vrshek-Schallhorn, S.**, Stroud, C.B. (2019). Serotonergic Multilocus Genetic Variation Moderates the Association Between Major Interpersonal Stress and Adolescent Depression: Replication and Candidate Environment Specification. *Journal of Psychiatry Research*, 117, 56-61.

- Stroud, C.B., **Vrshek-Schallhorn, S.**, Norkett, E. M., & Doane, L. D. (2019). The Cortisol Awakening Response (CAR) Interacts with Acute Interpersonal Stress to Prospectively Predict Depressive Symptom Among Early Adolescent Girls. *Psychoneuroendocrinology*, *107*, 9-18.
- Vrshek-Schallhorn, S.**, Stroud, C.B., Doane, L.D., Mineka, S., Zinbarg, R.E., Redei, E.E., Craske, M.G., Adam, E.K. (2019) Cortisol Awakening Response and Additive Serotonergic Genetic Risk Interactively Predict Depression in Two Samples: The 2019 Donald F. Klein Early Career Investigator Award Paper. *Depression & Anxiety*, *36*(6), 480-489.
- Vrshek-Schallhorn, S.**, Velkoff, E.A., Zinbarg, R.E.. (2019). Effect of trait rumination on affective, neuroendocrine, and cognitive responses to negative evaluative lab-induced stress. *Cognition & Emotion* *33*:3, 466-479.
- Ditcheva, M., **Vrshek-Schallhorn, S.**, Batista, A. (2018). People who need people: Trait loneliness influences positive affect as a function of interpersonal context. *Biological Psychology* *136*:181-188.
- Vrshek-Schallhorn, S.**, Avery, B.M., Ditcheva, M., Sapuram, V. (2018) The cortisol reactivity threshold model: Direction of trait rumination and cortisol reactivity association varies with stressor severity. *Psychoneuroendocrinology*, *92*, 113-122.
- Kushner, S.C., Herzhoff, K., **Vrshek-Schallhorn, S.**, Tackett, J.L. (2018). Depression in early adolescence: Contributions from relational aggression and variation in the oxytocin receptor gene. *Aggressive Behavior*, *44*(1), 60-68.
- Chen, F., Stroud, C.B., **Vrshek-Schallhorn, S.**, Doane, L.D., Granger, D.A. (2017). Individual differences in early adolescents' latent trait cortisol: Interaction of early adversity and 5-HTTLPR. *Biological Psychology*, *129*, 8-15.
- Wolitzky-Taylor, K., Sewart, A., **Vrshek-Schallhorn, S.**, Zinbarg, R.E., Mineka, S., Hammen, C., Bobova, L., Adam, E.K., Craske, M.G. (2017). The effects of childhood and adolescent adversity on substance use disorders and poor health in early adulthood. *Journal of Youth and Adolescence*, *46*(1), 15-27.
- Vrshek-Schallhorn, S.**, Sapuram, V., Avery, B.M. (2017). Letter to the editor: Bias in the measurement of bias. Letter regarding 'Citation bias and selective focus on positive findings in the literature on the serotonin transporter gene (5-HTTLPR), life stress and depression'. *Psychological Medicine*, *47*(1), 187-192.
- Avery, B. M. & **Vrshek-Schallhorn, S.** (2016). Nonsynonymous HTR2C Polymorphism Predicts Cortisol Response to Psychosocial Stress I: Effects in Males and Females. *Psychoneuroendocrinology* *70*: 134–141.

- Zinbarg, R.E., Mineka, S., Bobova, L., Craske, M.G., **Vrshek-Schallhorn, S.**, Griffith, J.W., Wolitzky-Taylor, K., Waters, A.M., Sumner, J.A., Anand, D. (2016) Testing a hierarchical model of neuroticism and its cognitive facets: Latent structure and prospective prediction of first onsets of anxiety and unipolar mood disorders over three years in late adolescence. *Clinical Psychological Science*. 4(5) 805–824.
- Vrshek-Schallhorn, S.**, Stroud, C.B., Mineka, S., Zinbarg, R.E., Adam, E.K., Redei, E.E., Hammen, C., Craske, M.G. (2015). Additive genetic risk from five serotonin system polymorphisms interacts with interpersonal stress to predict depression. *Journal of Abnormal Psychology* 124(4): 776-790. *Special section on Ontogenic Processes.
- Vrshek-Schallhorn, S.**, Stroud, C.B., Mineka, S., Hammen, C., Zinbarg, R.E., Wolitzky-Taylor, K., Craske, M.G. (2015). Chronic and episodic interpersonal stress as statistically unique predictors of depression in two samples of emerging adults. *Journal of Abnormal Psychology* 124(4): 918-932.
- Tabak, B. **Vrshek-Schallhorn, S.**, Zinbarg, R.E., Prenoveau, J.M., Mineka, S., Redei, E.E., Adam, E.K., Craske, M.G. (2016) Interaction of CD38 variant and chronic interpersonal stress is associated with social anxiety and depression symptoms over six years. *Clinical Psychological Science* 4(1); 17–27.
- Sumner, J.A. Mineka, S., Adam, E.K., Craske, M.G., **Vrshek-Schallhorn, S.**, Wolitzky-Taylor, K. Zinbarg, R.E. (2014). Testing the CaR-FA-X model: Investigating the mechanisms underlying reduced autobiographical memory specificity in those with and without a history of depression. *Journal of Abnormal Psychology* 123(3); 471-486.
- Vrshek-Schallhorn, S.**, Wolitzky-Taylor, K., Doane, L.D., Mineka, S., Zinbarg, R.E., Epstein, A., Sumner, J., Craske, M.G., Isaia, A., Hammen, C., Adam, E.K. (2014) Validating new summary indices for the Childhood Trauma Interview: Associations with first onsets of major depressive disorder and anxiety disorders. *Psychological Assessment*. 26(3); 730-740.
- Wolitzky-Taylor, K.B., Dour, H., Zinbarg, R.E., Mineka, S., **Vrshek-Schallhorn, S.**, Epstein, A., Bobova, L., Griffith, J., Waters, A., Nazarian, M., Rose, R. & Craske, M.G. (2014). Experiencing core symptoms of anxiety and unipolar mood disorders in late adolescence predicts disorder onset in early adulthood. *Depression & Anxiety* 31(3); 207-213.
- Sumner, J.A., **Vrshek-Schallhorn, S.**, Mineka, S., Zinbarg, R.E., Craske, M.G., Redei, E.E., Wolitzky-Taylor, K., & Adam, E.K. (2014) Effects of the serotonin transporter polymorphism and history of major depression on overgeneral autobiographical memory. *Cognition and Emotion* 28(5); 947-958.
- Adam, E. K., **Vrshek-Schallhorn, S.**, Kendall, A., Mineka, S. Zinbarg, R.E., & Craske, M. (2014). Prospective associations between the Cortisol Awakening Response and first onsets of anxiety disorders over a six-year follow-up – 2013 Curt Richter Award Winner. *Psychoneuroendocrinology* 44;47-59.

- Vrshek-Schallhorn, S.**, Mineka, S., Zinbarg, R.E., Craske, M.G., Griffith, J.W., Sutton, J., Redei, E.E., Wolitzky-Taylor, K., Hammen, C., Adam, E.K. (2014.) Refining the candidate environment: Interpersonal stress, the serotonin transporter polymorphism, and gene-environment interactions on major depression. *Clinical Psychological Science* 2(3); 235–248.
- Wolitzky-Taylor, K., **Vrshek-Schallhorn, S.**, Waters, A.M., Mineka, S., Zinbarg, R.E., Ornitz, E., Naliboff, B., Craske, M.G. (2014). Adversity in early and mid-adolescence is associated with elevated startle responses to safety cues in late adolescence. *Clinical Psychological Science*, 2(2);202–213.
- Sumner, J.A., Mineka, S., Zinbarg, R.E., Craske, M.G., **Vrshek-Schallhorn, S.**, Epstein, A. (2014). Examining the long-term stability of overgeneral autobiographical memory. *Memory* 22(3); 163-170.
- Vrshek-Schallhorn, S.**, Wahlstrom, D., White, T., Luciana, M. (2013). The effect of brain dopamine depletion on emotion-based decision-making performance in healthy adults. *Pharmacology, Biochemistry and Behavior* 105: 51-57. DOI: 10.1016/j.pbb.2013.01.013
- Vrshek-Schallhorn, S.**, Doane, L.D., Mineka, S., Zinbarg, R.E., Craske, M.G., Adam, E.K. (2013). The Cortisol Awakening Response predicts major depression: Predictive stability over a four year follow-up and effect of depression history. *Psychological Medicine*, 43(03), 483-493. DOI:10.1017/S0033291712001213 [PMCID: 22652338]
- Craske, M.G., Wolitzky-Taylor, K.B., Mineka, S., Zinbarg, R.E., Waters, A.M., **Vrshek-Schallhorn, S.**, Epstein, A., Naliboff, B., Ornitz, E. (2012.) Elevated responding to safe conditions as a specific risk factor for anxiety versus depressive disorders: Evidence from a longitudinal investigation. *Journal of Abnormal Psychology* 121(2): 315-324. [PMCID:21988452]
- Vrshek-Schallhorn, S.**, Czarlinski, J., Mineka, S., Zinbarg, R.E., Craske, M.G. (2011). Prospective predictors of suicidal ideation during depressive episodes among older adolescents and young adults. *Personality and Individual Differences*, 50: 1202–1207. [PMCID: 3147022]
- Stroud, C.B., Davila, J., Hammen, C., **Vrshek-Schallhorn, S.** (2011). Severe and nonsevere events in first onsets versus recurrences of depression: Evidence for stress sensitization. *Journal of Abnormal Psychology*, 120(1): 142-154.
- Wahlstrom, D., White, T., Hooper, C.J., **Vrshek-Schallhorn, S.**, Oetting, W.S., Brott, M.J., Luciana, M. (2007). Variations in the Catechol O-methyltransferase polymorphism and prefrontally-guided behaviors in adolescents. *Biological Psychiatry*, 61(5): 626-632.
- Vrshek-Schallhorn, S.**, Wahlstrom, D., White, T., Benolkin, K., Luciana, M. (2006). Affective bias and response modulation following tyrosine depletion in healthy adults. *Neuropsychopharmacology* 31(11):2523-36.

- Perez, M., Brown, J.S., **Vrshek-Schallhorn, S.**, Johnson, F., Joiner, T.E., Jr. (2005). Differentiation of obsessive-compulsive-, panic-, obsessive-compulsive personality-, and non-disordered individuals by variation in the promoter region of the serotonin transporter gene. *Journal of Anxiety Disorders* 20:794-806.
- Wonderlich S., Crosby R., Joiner T.E., Peterson C., Bardone-Cone A., Klein M., Crow S., Mitchell J.E., leGrange D., Steiger H., Kolden G., Johnson F., **Vrshek S.** (2005) Personality subtyping and bulimia nervosa: Psychopathological and genetic correlates. *Psychological Medicine* 35:649-657.

CHAPTERS IN EDITED WORKS

- Vrshek-Schallhorn, S.**, Ditcheva, M. & Corneau, G. (2020). Stress in depression. In Kate Harkness & Elizabeth Hayden (Eds.), *The Oxford Handbook of Stress and Mental Health*. In the series, *The Oxford Library of Psychology*. Oxford: Oxford University Press.
- Vrshek-Schallhorn, S.**, Avery, B.M., & Sapuram, V. (In press). Gene-environment interactions across multiple units of analysis. In Andrei C. Miu, Judith R. Homberg, & Klaus-Peter Lesch (Eds.), *Genes, Brain and Emotions: Resilience and Psychopathology*. Oxford: Oxford University Press.
- Mineka, S., and **Vrshek-Schallhorn, S.** (2014.) Comorbidity of depression and anxiety. In Gotlib, I. & Hammen, C., *Handbook of Depression*, 3rd edition. New York, NY: Guilford Press.
- Vrshek-Schallhorn, S.** (2014) Molecular genetics. In Cautin, R. & Lilienfeld, S., *Encyclopedia of Clinical Psychology*. Malden, MA: Wiley-Blackwell.
- Vrshek-Schallhorn, S.**, Tabak, B.A. (2014) Gene-environment interaction designs. In Cautin, R. & Lilienfeld, S., *Encyclopedia of Clinical Psychology*. Malden, MA: Wiley-Blackwell.

CONFERENCE TALKS

- Vrshek-Schallhorn, S.**, Grillo, A. R., Corneau, G. M. (2022, September). Evidence that the Biomarker-Behavior Relationship Depends on Negative Evaluation Level: Development and Initial Application of a Scale for Behavioral Engagement During the TSST. Symposium talk presented in Stroud, C. B. & **Vrshek-Schallhorn, S. (Co-Chairs;** author order alphabetical; authors contributed equally). Context and Neuroendocrine Interplay in the Lab and Everyday Experiences: From Early Life to Adulthood. Annual meeting of the International Society of Psychoneuroendocrinology, Chicago, Illinois, USA.

Vrshek-Schallhorn, S., Corneau, G.M., Grillo, A.R., Sapuram, V.R., Plieger, T., Reuter, M. (2021, Sept). Additive Serotonin System Genetic Score, Cortisol Reactivity, and Severity of Lab-Based Negative Evaluative Stress in Two Independent Samples. Symposium talk in **Vrshek-Schallhorn, S. (Chair)**. Differential Susceptibility across Biomarkers, Development, and Species: Implications for Internalizing Psychopathology. Annual Meeting of the Society for Research in Psychopathology, Virtual.

Corneau, G., Anderson, T., Ditcheva, M., Wideman, L., & Vrshek-Schallhorn, S. (2020, August) What tomorrow will bring: Expectations for the next day predicting the cortisol awakening response in young adults. Symposium presentation in Stroud, C.B., **Vrshek-Schallhorn, S.**, (Co-Chairs) Contexts, Consequences, and Correlates: Examining multiple levels of analysis to understand stress and HPA patterns across development. Annual Meeting of the International Society for Psychoneuroendocrinology, Virtual.

Kessler, C., **Vrshek-Schallhorn, S.**, Mineka, S., Zinbarg, R.E., Craske, M.G., Adam, E.K. (2019, August). Experiences of adversity in childhood and adolescence and cortisol in late adolescence. Symposium presentation at the Annual Meeting of the International Society for Psychoneuroendocrinology, Milan, Italy.

Vrshek-Schallhorn, S., Stroud, C.B., Doane, L.D., Mineka, S., Zinbarg, R.E., Redei, E.E., Craske, M.G., Adam, E.K. (2018, November) Serotonergic Multilocus Genetic Vulnerability Interacts with the Cortisol Awakening Response to Predict Depressive Episodes. Presentation at the Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.

Sapuram, V., Vrshek-Schallhorn, S., Hilt, L.M., Stroud, C.B. (2018, November.) Dopaminergic Multilocus Genetic Variation in Young Adolescents: Associations with Sensation-Seeking and Parasympathetic Withdrawal. Presentation at the Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.

Chen, F. R., Stroud, C.B., **Vrshek-Schallhorn, S.**, Doane, L. D., & Granger, D. A. (2018, April). The Mediation of Cortisol on the Association between Early Adversity and Internalizing Symptoms Varies by 5-HTTLPR. Presented at the Society for Research on Adolescence Biennial Meeting, Minneapolis, MN.

Vrshek-Schallhorn, S., Avery, B.M., Ditcheva, M., Sapuram, V. (2017, September). Reconciling Divergent Lab-Based Stress Findings using the Cortisol Reactivity Threshold Model. Presentation at the annual convention of the Society for Research in Psychopathology, Denver, CO.

Avery, B.M., **Vrshek-Schallhorn, S.** (2016, October). Genetic variation in serotonin 2c receptor and cortisol response to stress: Paradoxical effects in males and females. Presentation at the Annual Convention of the Association for Behavioral and Cognitive Therapies, New York City, NY.

- Vrshek-Schallhorn, S., Avery, B.M., Ditcheva, M., Sapuram, V.** (2016, Oct.). High or Low: Reconciling Divergent Findings in the Cortisol Literature Using the Cortisol Reactivity Threshold Model. In Stroud, C.B., **Vrshek-Schallhorn, S.** (co-chairs), Cortisol as a Resource Mobilizer: Implications for Stress and Internalizing Disorders. Symposium talk presented at the 2016 annual meeting of the Association for Behavioral & Cognitive Therapies, New York, NY.
- Vrshek-Schallhorn, S.,** Adam, E.K., Mineka, S., Zinbarg, R.E., Redei, E.E., Hammen, C., Craske, M.G. (2016, Sept.). Interaction of Serotonergic Genetic Vulnerability and Elevated Cortisol Awakening Response Predicting Depression. Symposium talk presented at the Annual Meeting of the Society for Research in Psychopathology, Baltimore, Maryland.
- Mineka, S., Zinbarg, R.E., Craske, M.G., **Vrshek-Schallhorn, S.,** Hammen, C. (2016, Sept.). Diathesis-stress Models Involving Neuroticism And Its Facets In The Prospective Prediction Of Episodes Of Major Depressive Disorder Over Five Years In Late Adolescence. Symposium talk presented at the Annual Meeting of the Society for Research in Psychopathology, Baltimore, Maryland.
- Vrshek-Schallhorn, S.,** Stroud, C.B., Mineka, S., Zinbarg, R.E., Adam, E.K., Redei, E.E., Hammen, C., Craske, M.G. (2016, April). Additive Genetic Risk in the Serotonin System Interacts with Interpersonal Life Stress to Predict Depression. In Binder, E. (chair) Gene-Environment Interactions in Depressive and Anxiety Disorders: The Role of Epigenetics and Adverse Life Events Across the Developmental Trajectory. Talk presented at the Anxiety & Depression Association of America 2016 annual meeting, Philadelphia, PA.
- Stroud, C.B., Doane, L. D., & **Vrshek-Schallhorn, S.** (November, 2015). Does the cortisol awakening response interact with acute stress in predicting depressive symptoms? Paper presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Vrshek-Schallhorn, S.,** Stroud, C.B., Mineka, S., Zinbarg, R.E., Adam, E.K., Redei, E.E., Hammen, C., Craske, M.G. (2015, Nov). Additive Genetic Risk in the Serotonin System Interacts with Interpersonal Life Stress to Predict Depression. In **Vrshek-Schallhorn, S.** & Starr, L. (co-chairs), Interpersonal Stress as a “Candidate Environment” for Depression: Neuroendocrine and Genetic Mechanisms. Symposium talk to be presented at the 2015 annual meeting of the Association for Behavioral & Cognitive Therapy, ABCT, Chicago, IL.
- Vrshek-Schallhorn, S.,** Stroud, C.B., Mineka, S., Zinbarg, R.E., Adam, E.K., Redei, E.E., Hammen, C., Craske, M.G. (Accepted for 2015, Oct). Additive Genetic Risk in the Serotonin System Interacts with Interpersonal Life Stress to Predict Depression. Paper presented at the 2015 annual meeting of the Society for Research in Psychopathology, New Orleans, LA.

- Vrshek-Schallhorn, S.**, Adam, E. K., Kendall, A., Mineka, S. Zinbarg, R.E., & Craske, M. (2014, November). The Cortisol Awakening Response prospectively predicts first onsets of anxiety disorder: Evidence from six years of follow-up. In Starr, L. & **Vrshek-Schallhorn, S.** (co-chairs), Genetic and neuroendocrine markers of stress reactivity: Tracking risk for depression and anxiety disorders. Symposium talk presented at the 2014 annual meeting of the Association for Behavioral & Cognitive Therapy, ABCT, Philadelphia, Pennsylvania.
- Stroud, C.B., **Vrshek-Schallhorn, S.**, Hammen, C., Mineka, S., Zinbarg, R., Craske, M.G. (November, 2014). Chronic and episodic interpersonal stress as statistically unique predictors of depression in two samples of emerging adults. Symposium presented at the Annual meeting of the Association for Behavioral & Cognitive Therapies, Philadelphia, PA.
- Adam, E.K., **Vrshek-Schallhorn, S.**, Mineka, S., Zinbarg, R.E., Craske, M.G., (2014; April). The cortisol awakening response in adolescence is a prospective predictor of first onsets of social phobia over the subsequent six years. Presented at the 2014 Biennial Meeting of the Society for Research on Adolescence, Austin, Texas.
- Vrshek-Schallhorn, S.**, Mineka, S., Zinbarg, R., Hammen, C., Craske, M. (2013, September) Interpersonal Stress as a Unique Prospective Predictor of Major Depression. In Durbin, C.E. Interpersonal Causes and Consequences of Psychopathology: Major Depressive Disorder, Bipolar Disorder, and Personality Disorders. Presented at the 2013 Annual Meeting of the Society for Research in Psychopathology, Oakland, California.
- Vrshek-Schallhorn, S.**, Mineka, S., Zinbarg, R.E., Craske, M.G., Hammen, C., Redei, E.E., Wolitzky-Taylor, K., Adam, E.K. (2012, November). Refining the “candidate environment” in gene-environment interactions on major depression: The influence of interpersonal events. Presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, Maryland.
- Vrshek-Schallhorn, S.**, Mineka, S., Zinbarg, R.E., Craske, M.G., Hammen, C., Redei, E.E., Wolitzky-Taylor, K., Adam, E.K. (2012, October). Refining the “candidate environment” in gene-environment interactions on major depression: The influence of interpersonal events. Presented at the annual meeting of the Society for Research in Psychopathology, Ann Arbor, Michigan.
- Vrshek-Schallhorn, S.**, Mineka, S., Zinbarg, R.E., Craske, M.G., Wolitzky-Taylor, K., Hammen, C., Redei, E.E., & Adam, E.K. (2012, May) Refining the candidate environment: Interpersonal versus non-interpersonal major stressful life events in a gene-environment interaction on depression onset. In: Burmeister, M., and Higley, J.D., co-chairs, Novel approaches to the study of gene-environment relationships. Symposium presented at the annual Society of Biological Psychiatry meeting , Philadelphia, PA.

Adam, E.K., **Vrshek-Schallhorn, S.**, Doane, L.D., Mineka, S., Zinbarg, R.E., Craske, M.G. (2012, March) The Cortisol Awakening Response is a prospective predictor of major depressive disorder and anxiety disorder. In: The CAR: Origins and Significance. Symposium at the annual American Psychosomatic Society meeting, Athens, Greece.

Vrshek-Schallhorn, S., Doane, L., Mineka, S., Zinbarg, R.E., & Craske, M.G., Adam, E.K. (2011, August) Prospective relationship of the Cortisol Awakening Response to major depressive episodes over a four year follow-up. Presented at the annual meeting of the International Society for Psychoneuroendocrinology, Berlin, Germany.

Vrshek-Schallhorn, S., Adam, E.K., Doane, L., Mineka, S., Zinbarg, R.E., & Craske, M.G. (2010, October) Diurnal cortisol rhythm as a prospective predictor of major depressive disorder over a three year follow-up. Presented at the annual meeting of the Society for Research in Psychopathology, Seattle, Washington.

Zinbarg, R.E., Mineka, S., Craske, M.G., **Vrshek-Schallhorn, S.**, Griffith, J., Epstein, A. (2010, October) Personality, cognitive style and diagnoses in adolescents: Prospective associations at three year follow-up. Presented at the annual meeting of the Society for Research in Psychopathology, Seattle, Washington.

Craske, M.G., Wolitzky-Taylor, K.B., Waters, A., **Vrshek-Schallhorn, S.**, Mineka, S., Zinbarg, R.E., Epstein, A. & Griffith, J. (2010, October) A prospective study of startle response as a risk factor for anxiety and mood disorders. Presented at the annual meeting of the Society for Research in Psychopathology, Seattle, Washington.

Vrshek-Schallhorn, S. (2010, May) Discussant: The stress-depression relationship: Converging evidence for stress sensitization. Presented at the annual meeting of the American Psychological Society, Boston, Massachusetts.

Stroud, C.B., Davila, J., Hammen, C., **Vrshek-Schallhorn, S.** (2010, May) Severe and nonsevere events in first onsets versus recurrences of depression: Evidence for stress sensitization. Presented at the annual meeting of the American Psychological Society, Boston, Massachusetts.

Mineka, S., Zinbarg, R., Craske, M., **Vrshek-Schallhorn, S.**, Hammen, C., Griffith, J., Sutton, J., and Sumner, J. (2009, November) Neuroticism, cognitive style, and chronic interpersonal stress as prospective predictors of depressive (and anxiety) disorders in late adolescence. Presented at the annual meeting of the Association for Cognitive & Behavioral Therapy, New York, New York.

CONFERENCE POSTERS

Suresky, R., **Vrshek-Schallhorn, S.** (September 2022) Objective Negative Evaluation Level, Perceived Stress, and Autonomic Reactivity in a Lab-based Stress Induction: A Test of Moderated Mediation in a Three-Variable System. International Society of Psychoneuroendocrinology, Chicago, IL.

- Grillo, A. R., Vrshek-Schallhorn, S., Zinbarg, R. E., Craske, M., Adam, E. Examining the influence of an additive genetic risk score of HPA axis polymorphisms with recent stress on depression onset in emerging adults. [Poster presentation]. 52nd Annual Meeting of the ISPNE. Chicago, Illinois, USA.
- Cole, E., Grillo, A.R., Vrshek-Schallhorn, S. (2022, September 8 – 10). The moderating effects of regular caffeine use on cortisol reactivity under explicit negative-evaluative stress. Poster presented at Annual Conference of the International Society for Psychoneuroendocrinology (ISPNE). Chicago, IL.
- Ringel, A.*, Gonzalez-Avila, R*, Ejindu, P., Cole, E., Vrshek-Schallhorn, S. (2022, May). Parenting, schooling, working, oh my! Total role burden during the early COVID-19 pandemic as a predictor of distress. Poster presented at the annual meeting of the Association for Psychological Science (APS), Chicago, IL. * = *dual undergraduate student first-authors contributing equally; each is permitted to list themselves first on their CVs.*
- Buissereith, T., Campbell, B., Grillo, A. R., Vrshek-Schallhorn, S., (2022, May) Self-focused versus vicarious stressful events: understanding the effect of event-focus on stress perceptions. Poster presented at the annual meeting of the Association for Psychological Science, Chicago, IL.
- Beck, J., Sturgis, C., Suresky, R., Vrshek-Schallhorn, S. (2022, May) Do perceived loss, rejection, physical threat, and uncontrollability differentiate interpersonal from non-interpersonal life events or relate to event severity in emerging adults? Poster presented at the annual meeting of the Association for Psychological Science, Chicago, IL.
- Anderson, T., Vrshek-Schallhorn, S., Adams, W. M., Goldfarb, A. H., Wideman, L., (2021, May) Acute Exercise-Induced Changes in the Cortisol Awakening Response. Annual Meeting of the American College of Sports Medicine, San Diego, CA..
- Corneau, G. M., Grillo, A. R., Suresky, R., Starr, L. R., Kwapil, T. R., & Vrshek-Schallhorn, S. (2021, Sept). Development and evaluation of the Chronic Life Stress Questionnaire: A comprehensive measure of chronic stress exposure. Annual meeting of the Society for Research in Psychopathology, Virtual.
- Grillo, A.R., Vrshek-Schallhorn, S. (2021, September). The Influence of an Additive HPA Axis Genetic Variation Score on Lab-based Stress Reactivity in an Emerging Adult Sample. Annual Meeting of the Society for Research in Psychopathology, Virtual.
- Islam, Z., Ejindu, P., Grillo, A.R., Vrshek-Schallhorn, S. (2021, May). Depressive Symptom Change during the COVID-19 Pandemic: Examining Healthy Individuals with and without Prior Depression Risk. Annual meeting of the American Psychological Society, Virtual.

Grillo, A.R., Vrshek-Schallhorn, S. (2021, May). Validation of a Psychometric Measure of Behavioral Engagement in the Trier Social Stress Test and Relationship to Biomarker Reactivity. Annual meeting of the American Psychological Society, Virtual.

Suresky, R., Vrshek-Schallhorn, S. (2021, May) Trait Vulnerability and Pandemic Stress Exposure Predict Depression and Anxiety Symptoms Most Consistently for General Distress and Least Consistently for Anxious Arousal. Annual meeting of the American Psychological Society, Virtual.

Lowe, A., Clark, J., Suresky, R., Vrshek-Schallhorn, S. (2021, May) Pandemic Onset & Minoritized Status Independently Predict Increased General Distress During COVID-19: A Test of Diathesis-Stress Effects. Annual meeting of the American Psychological Society, Virtual.

Suresky, R., Corneau, G.M., Grillo, A., Vrshek-Schallhorn, S. (2020, March). Predictors of clinician severity ratings in depressive disorders: Roles of chronic stress exposure, person-level risk factors, and person-environment interactions. Annual meeting of the Anxiety & Depression Association of America, San Antonio, TX. (*Mtg Canceled.*)

Vrshek-Schallhorn, S., Stroud, C.B., Doane, L.D., Mineka, S., Zinbarg, R.E., Redei, E.E., Craske, M.G., Adam, E.K. (2019, March.) Cortisol Awakening Response and Additive Serotonergic Genetic Risk Interactively Predict Depression in Two Samples. Poster presented in fulfillment of the 2019 Donald F. Klein Early Career Investigator Award at the annual meeting of the Anxiety & Depression Association of America, Chicago, IL.

Anderson, T., Vrshek-Schallhorn, S., Ditcheva, M., Corneau, G.M., Wideman, L. (2019, February). The cortisol awakening response is dependent on objective measures of physical activity and sleep quality. Poster presented at the Annual Meeting of the Southeast American College of Sports Medicine, Greenville, SC.

Corneau, G. M., & Vrshek-Schallhorn, S. (2018, September). Predictors of sleep quality: Effects of perceived stress exposure and the additive influence of six serotonergic polymorphisms. Poster presented at the 32nd annual meeting of the Society for Research in Psychopathology, Indianapolis, IN.

Sapuram, V., Vrshek-Schallhorn, S., Kane, M.J. (2018, September). Influence of Additive Dopaminergic Genetic Variation and Acute Stress on Working Memory. Poster presented at the annual meeting of the Society for Research in Psychopathology, Indianapolis, IN.

Avery, B.M., & Vrshek-Schallhorn, S. (2018, September). Do perceived interpersonal daily hassles predict reduced anticipated pleasure from relationships and frequency of next day social interactions in daily life? Poster presented at the Annual Meeting of the Society for Research in Psychopathology, Indianapolis, IN.

Anderson, T., Vrshek-Schallhorn, S., Janssen, J.A., Ditcheva, M., Corneau, G.M., Wideman, L. (2018, May). The Cortisol Awakening Response is Associated with Activity Level on the Preceding Day. Poster presented at the Annual Meeting of the American College of Sports Medicine, Minneapolis, MN.

Sapuram, V., Vrshek-Schallhorn, S., Hilt, L.M., Stroud, C.B. (2017, September). Dopaminergic Genetic Variation in Young Adolescents: Associations with Sensation-Seeking and Parasympathetic Withdrawal. Poster presented at Society for Research in Psychopathology, Denver, CO.

Avery, B.M., & Vrshek-Schallhorn, S. (2017, September). Does Lab-Induced Stress Influence Reward- and Punishment-Based Learning? Poster presented at the Annual Meeting of the Society for Research in Psychopathology, Denver, CO.

Ditcheva, M., Corneau, G. M., Silvia, P., & Vrshek-Schallhorn, S. (2017, September). A meta-analysis of depression risk factors and cortisol reactivity: The role of stressor severity. Poster session presented at the 31st annual meeting of the Society for Research in Psychopathology, Denver, CO.

Corneau, G. M., Ditcheva, M., Silvia, P. J., & Vrshek-Schallhorn, S. (2017, September). The cortisol awakening response and depression symptom severity: A systematic review and meta-analysis. Poster presented at the 31st annual meeting of the Society for Research in Psychopathology, Denver, CO.

Sapuram, V., Vrshek-Schallhorn, S., Hilt, L.M., Stroud, C.B. (2016, September). Depression Risk and Affective Response to a Sad Mood Induction. Poster presented at the Annual Meeting of the Society for Research in Psychopathology, Baltimore, Maryland.

Avery, B., Ironside, M., Ditcheva, M., Whitton, A.E., Pizzagalli, D.A., Vrshek-Schallhorn, S. (2016, October). Trait Sensitivity to Reward Moderates Effects of Negative Evaluative Stress on Reward Learning in Males. Poster presented at the Annual Meeting of the Society for Research in Psychopathology, Baltimore, MD.

Vinograd, M., Bobova, L., Vrshek-Schallhorn, S., Wolitzky-Taylor, K., Mineka, S. Zinbarg, R.E., Craske, M.G. (April, 2016) Neuroticism and Interpretive Bias as Predictors of Mood and Anxiety Symptomatology in Young Adults. Poster presented at the Anxiety & Depression Association of America annual meeting, Philadelphia, PA.

Ditcheva, M.*, Batista, A., Vrshek-Schallhorn, S. (November, 2015). People who Need People: Trait Loneliness Influences Positive Affect as a Function of Interpersonal Context. Poster present at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL. (* = *UNCG Undergraduate Research Travel Awards.*)

Mungal, D., Vrshek-Schallhorn, S. (November, 2015). Relationship of Subjective Sleep Indices to Stress-Induced Cortisol Reactivity and Affect. Poster to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

- Curley, E. E., Stroud, C. B. & **Vrshek-Schallhorn, S.** (November, 2015). Adolescent Sexual Activities and Depressive Symptoms: A Moderated Mediation Model of Serotonergic Vulnerability and Interpersonal Stress Exposure. Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Avery, B., **Vrshek-Schallhorn, S.** (2015, October). Serotonin 2c Receptor Polymorphism Predicts Neuroendocrine Response to Negative Evaluative Stress: Similar Effects In Males And Females. Poster presented at the Annual Meeting of the Society for Research in Psychopathology, New Orleans, Louisiana.
- Batista, A., Ditcheva, M*., Thomas, S*., McDonald, M., **Vrshek-Schallhorn, S.**, (2015, May). Transdiagnostic anxiety severity associated with blunted cortisol response to lab-induced stress. Presented at the 2015 annual meeting of the American Psychological Society, New York, New York. (* = *UNCG Undergraduate Research Travel Awards. Poster adjudicated as First Place in Psychology at UNCG Undergraduate Research Day.*)
- Vrshek-Schallhorn, S.** (2014, November). Does trait rumination enhance stress vulnerability? Affective, neuroendocrine, and cognitive responses to acute lab-induced stress. Invited poster presented at the 2014 annual meeting of the Association for Behavioral & Cognitive Therapy, Anxiety Disorders SIG due to receiving the Anxiety & Depression Association of America 2014 Career Development Travel Award.
- Vrshek-Schallhorn, S.**, Velkoff, E.A., (2014, March). Does trait rumination enhance stress vulnerability? Affective, neuroendocrine, and cognitive responses to acute lab-induced stress. Presented at the 2014 annual meeting of the Anxiety & Depression Association of America, Chicago, Illinois. Career Development Travel Awardee.
- Tabak, B.E., **Vrshek-Schallhorn, S.**, Zinbarg, R.E., Prenoveau, J.M., Mineka, S., Craske, M.G. (2013, September). Interaction of CD38 variant and chronic interpersonal stress is associated with social anxiety but not depression over five years. Presented at the 2013 annual meeting of the Society for Research in Psychopathology, Oakland, California.
- Sumner, J.A., Mineka, S., **Vrshek-Schallhorn, S.**, Zinbarg., R.E., Craske, M.G., (2012, October). Examining relationships between the serotonin transporter polymorphism and reduced autobiographical memory specificity in individuals with and without a history of major depression. Presented at the 2012 annual meeting of the Society for Research in Psychopathology, Ann Arbor, Michigan.
- Anand, D., **Vrshek-Schallhorn, S.**, Mineka, S., Zinbarg, R.E., & Craske, M.G. (2011, September). Effects of dysphoria and anxiety on affective information processing. Presented at the annual meeting of Soc. for Research in Psychopathology, Boston, MA.
- Sumner, J.A., Mineka, S., Zinbarg, R.E., **Vrshek-Schallhorn, S.**, & Craske, M.G. (2011, September). Overgeneral autobiographical memory as a predictor of the initial onset of Major Depressive Disorder in the Youth Emotion Project. Presented at the 2011 annual meeting of the Society for Research in Psychopathology, Boston, Massachusetts.

Poltermann, A., Vrshek-Schallhorn, S., Mineka, S., Zinbarg, R.E., Craske, M.G., Taylor, K. (2010, November) Differential associations of six forms of childhood adversity with cognitive vulnerability to depression. Presented at the 2010 annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, California.

Vrshek-Schallhorn, S., Stroud, C.B., (2010, October) Examining mechanisms of change in event-outcome associations: Examples testing kindling and sensitization in stress and depression research. Presented at the 2010 annual meeting of the Society for Research in Psychopathology, Seattle, Washington.

Czarlinski, J., Vrshek-Schallhorn, S., Epstein, A., Mineka, S., Zinbarg, R.E., Craske, M., & Boggero, I. (2009, November). The relationship between negative affectivity & positive affectivity and suicidal ideation among depressed young adults. Presented at the 2009 meeting of the Association for Behavioral & Cognitive Therapy, New York, New York.

Vrshek-Schallhorn, S., Czarlinski, J., Mineka, S., Zinbarg, R.E., Craske, M., & Boggero, I. (2009, September). Possible predictors of suicidal ideation among depressed adolescents and young adults in the Youth Emotion Project. Presented at the 2009 annual meeting of the Society for Research in Psychopathology, Minneapolis, Minnesota.

Mineka, S., Zinbarg, R., Craske, M., **Vrshek-Schallhorn, S.,** Griffith, J. and Epstein, A. (2009, September). The Youth Emotion Project: Personality and cognitive style variables as risk factors for the onset of anxiety and mood disorders at three-year follow-up. Presented at the 2009 annual meeting of the Soc. for Research in Psychopathology, Minneapolis, MN.

Hirschfeld, D., Vrshek-Schallhorn, S., Griffith, J., Zinbarg, R., Mineka, S., Craske, M. (2008, November) Emotional Stroop as a Predictor of Depression. Presented at the 44th annual meeting of the Association for Behavioral & Cognitive Therapy, Orlando, Florida.

Vrshek-Schallhorn, S., Wahlstrom, D., White, T., Luciana, M. Brain dopamine manipulation alters approaches to emotion-based decision-making and learning in adults. Presented at the 2008 annual meeting of the American Psychological Society, Chicago, Illinois.

Vrshek-Schallhorn, S., Luciana, M., Dickmann, P., Saari, M., & Crow, S. Body image distortion following tryptophan depletion and augmentation in healthy females. Presented at the 2005 annual meeting of the Eating Disorder Research Society, Toronto, Canada.

Luciana, M., **Vrshek-Schallhorn, S.,** Wahlstrom, D., & White, T. Acute tyrosine depletion and dopamine-modulated cognitive functions in healthy volunteers. Presented at the 2005 annual meeting of the Cognitive Neuroscience Society, New York, New York.

Vrshek, S., Luciana, M., Wahlstrom, D., & Johnson, K. Tyrosine depletion and affective functioning in healthy adults. Presented at the 2004 annual meeting of the American Psychological Society, Chicago, Illinois.

SERVICE

ADMINISTRATIVE ROLES

Undergraduate Program Director, Department of Psychology, January 2023 – present.

NATIONAL LEADERSHIP

SRP Representative to Coalition for the Advancement & Application of Psychological Science, CAAPS, 2022-2023

Chair, Equity Diversity & Inclusion Committee, Society for Research in Psychopathology, September 2021 to November 2022

Conference Committee, Annual Meetings of the Association for Behavioral & Cognitive Therapies 2016, 2018, 2019

PROFESSIONAL ORGANIZATIONS

Association for Behavioral and Cognitive Therapies, Full Member (ABCT)

Society for Research in Psychopathology, Full Member (SRP)

Anxiety & Depression Association of America, Full Member (ADAA)

EDITORIAL BOARDS

Journal of Psychopathology & Clinical Science (frmr. J. Abnormal Psych.) Jan. 2018 to present

Psychoneuroendocrinology, Sept. 2022 to present

Comprehensive Psychoneuroendocrinology, Sept. 2022 to present

AD HOC REVIEWER – Selected journals of ~30

Biological Psychiatry

Clinical Psychological Science

Journal of Consulting and Clinical Psychology

Psychological Medicine

UNIVERSITY-LEVEL

Chair, UNCG See It To Be It, www.seeittobeit.uncg.edu - 2020-2023

EDI effort in career guidance materials for middle and high school students

SERVICE AWARDS & MEMBERSHIPS

2003 Trainer of the Year, Telephone Counseling and Referral Services (TCRS), Tallahassee, FL

2002 Florida HIV-AIDS Hotline Counselor of the Year (TCRS), Tallahassee, FL

Certified Crisis Worker 2003-2013, American Association of Suicidology (AAS)